

Total EyeCare and Aesthetics
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Preparing for your procedure:

Congratulations! You are on the path to great vision!

These are your guidelines to prepare for your big day:

- 1. Please review all your instructions and discuss your questions prior to the day of surgery**
- 2. Please make sure you have all your pre-operative and post-operative medications**
- 3. Please make sure you have a companion to bring you to your procedure and to pick you up. Please make sure that you notify the office who this companion will be.**
- 4. Do not have any food or drink after midnight the night before your procedure.**
- 5. Please review your medication list with your Primary Care Doctor that is performing your medical clearance evaluation. If you take medication for Diabetes, please discuss the dosage you will require as you will not have eaten breakfast. We will be able to monitor your blood sugar levels at the surgical facility.**
- 6. Take the medications as instructed by your PMD ie blood pressure medications, with a sip of water at your normal dosage time. Do not drink juice or coffee.**
- 7. There is no need to stop blood thinner medications**
- 8. Please wear comfortable clothing. You will be removing your top and putting on a gown at the surgical facility. A shirt with a zip or button front will be easier to put back on after your procedure.**
- 9. Please do not bring valuables such as money or jewelry.**
- 10. Please bring your insurance card/cards, and photo ID.**
- 11. Please confirm with your insurance company, before your surgical date, the potential co-payments or co-insurance. Pam is happy to help you with this.**
- 12. Please do not schedule a trip out of town for two weeks following surgery.**